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EXCEPTIONAL: Sabeena Shah

Inspirational college law tutor wins national award

A TUTOR at Barking and Dagenham College has won a national award.

Sabeena Shah won the Festival of Learning National Tutor Award for her exceptional achievement in adult learning.

The prize is given to inspirational teaching and training professionals who have supported learners to go on and lead successful and rewarding lives.

A college spokesman said:

"Growing up, Sabeena was not encouraged to study, let alone think about teaching, so when she graduated with a law degree in 2010, she decided she wanted to teach students who may have faced similar challenges.

She got a job teaching the access to law Level 3 qualification at Barking and Dagenham College.

spokesman added: "Sabeena works in an area where students had little aspiration to enter the high skilled work force.

"As well as providing additional support to students, she explores new ways to make them realise their capability."

Sabeena said: "What I try and

do is help them see that education

becomes their escape.
"I try and support students by showing them if everything is wrong in your life, let studying be the one thing that is right for you."

HONOURS FOR CIVIC SERVICE

THE FIRST Asian mayor of Barking and Dagenham returned to the council offices almost 30 years after he was first elected to receive a special award.

Ex-councillor Inder Singh Jamu was made an honorary Alderman of the council last week

A community volunteer, Lesley Hawes, who has spent most of her life helping young people, received the same honour – the highest a council can bestow.

Mrs Hawes received the honour for her outstanding contribution to the community.

In 1995, Lesley worked with the council to develop the Disablement Association of Barking and Dagenham, better known as DABD, a charity that helps people to live as independently as possible.

Under her leadership, DABD became the first disability organisation to offer employment and training and one of the first in the



PRESTIGIOUS: Inder Singh Jamu, Mayor of Barking and Dagenham Cllr Abdul Gafoor Aziz and Lesley Hawes

borough to attract European funding. She also helped set up the Barking and Dagenham Progress Project, charity that helps improve the lives of disabled children and young people.

Lesley said: "As I was growing up, I was given every opportunity to follow every aspiration and dream I had and work with it.

"People supported me then, so I've spent all my life trying to do

the same for the people of Barking and Dagenham.'

Inder received the Honorary Alderman award for his distinguished council service.

Inder, who represented the River Ward between 1988 and 2010, became the first Asian mayor and served as deputy mayor.

"I never expected this award and I thank the leader of the council for this recognition and my family for their support," he said.

The ceremony was at Barking Riverside Project Office, Renwick Road, and the awards were presented by Mayor of Barking and Dagenham, Cllr Abdul Gafoor Aziz.

Council leader Cllr Darren Rodwell added: "Our borough is a

better place thanks to the remarkable contributions of these people.

"It is people like Lesley and Inder that make me proud of Barking and Dagenham and proud of what can



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lassic thri for Halloween

FREDERICK Knott's thriller, Wait Until Dark, will be at Palace Theatre, Southend, in time for Halloween, and we have five pairs of tickets to give away to see it.

COMPETITION/NEWS

Set in the social turbulence of 1960s London, the play follows the story of Susy, a blind woman who, left alone in her apartment, becomes the victim of a scam hatched by a group of conmen.

Susy is left to fend for herself and eventually turns the tables on the conmen and to give them a taste of life in the dark.

Knott, best known for Dial M For Murder, wrote Wait Until Dark in 1966 and Audrey Hepburn starred as Susy in the 1967 film adaptation - ranked as one of the top 100 scariest films of all time - for which she was nominated for both an Academy Award and Golden Globe for Best Actress.

This production, directed by Alastair Whatley, is part of a national tour produced by Tom Hackney for The Original Theatre Company, and is at Palace Theatre from Monday, October 30, to Saturday, November 4.

Graeme Brookes, who has just fin-ished playing Alan in The Original Theatre Company's production of Invincible in New York City, will play Croker, while Tim Treloar, who has appeared in the BBC's Father Brown, Casualty, Silent Witness, Doctors, and Holby City, is in the role of Roat.



They join the previously announced Jack Ellis as Mike, Karina Jones as Susy and Oliver Mellor as Sam Henderson. Shannon Rewcroft and Thomas McCarron complete the cast as Gloria and Policeman.

For ticket details call the box office 01702 351135 www.palacetheatresouthend.co.uk
For your chance to win one of five

pairs of tickets to see the production at 8pm on Monday, October 30, answer

the following question.

Q: In which decade is Wait Until Dark set?

A: 1950s B: 1960s

C: 1970s

To enter the competition telephone

your answer - A, B or C - to 0901 307 1674 with your name, address, telephone number and email

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BUSINESSES across east London can now set themselves apart from the rest with a Trading Standards stamp of approval.

The national Buy With Confidence scheme awards a Trading Standards 'approval' of businesses who meet a strict level of service and commit to trading fairly.

Businesses can apply or be recommended to join the scheme and must pass a set of detailed background checks before being approved. Each applicant will have their complaints history reviewed and will receive a visit from the Trading Standards team, who will check the business premises and offer advice to help improve customer service.

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Members get on-going support and advice from a Trading Standards per-sonnel, legislative advice and help and

mediation during customer disputes. Cllr Sheila Bain, Redbridge Council's cabinet member for civic pride said, "We work hard to protect residents and deter rogue traders and this Buy With Confidence trading standards approval scheme will help us to continue to do this.

"This is a great scheme for businesses and an excellent resource for residents who will feel more confident when hiring tradespeople.

For details on the scheme including info on how to apply visit www.buywithconfidence.gov.uk



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NEWS

Black History Month

BLACK History Month is again coming to Barking and Dagenham in October, as the borough gets set for a whole host of events that celebrate the culture, history and achievements of black and minority ethnic people.

Highlights include a career coaching session at Barking Town Hall on October 5, a local celebration of the Hindu festival Karwa Chauth in Barking Town Square on October 8, The BIG Talk discussion forum on October 19 in Barking Town Hall and workshops discussing motivational women throughout the ages.

For more information about the events and activities taking place this October, visit www.lbbd.gov.uk/events/category/black-history-month.

PC faces rape charges

A SERVING police officer based in Barking has been charged with rape and sexual assault.

PC Adam Provan, 38, works with the East Area Command Unit.

He is charged with six counts of rape and one count of indecent assault.

The alleged indecent assault involved a 15-year-old girl.

Two alleged rapes concerned a 16-year-old girl.

Three alleged rapes concerned a 20-year-old woman.

He was remanded into custody to appear in court on Wednesday.

He is been suspended from duty.

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MAYOR OF LONDON



NEWS

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Students get busy with their fizzy

BARKING catering students saw their own fizzy drinks sold at an event.

The students, from the Technical Skills Academy, saw their creations hit the market at the launch of Company Drinks' new home in Barking

Rapple Fizz creators George Fodor 18, Ariel Kasalako, Jamie Smith, both 19, and Tre Davis, 18, from The Technical Skills Academy Company Drinks launched their new home in the former Outdoor Bowls Pavilion along with their 2017 drinks ranges.



ENTREPRENEURS: Rapple Fizz creators George Fodor, Ariel Kasalako, Jamie Smith, and Tre Davis from The Technical



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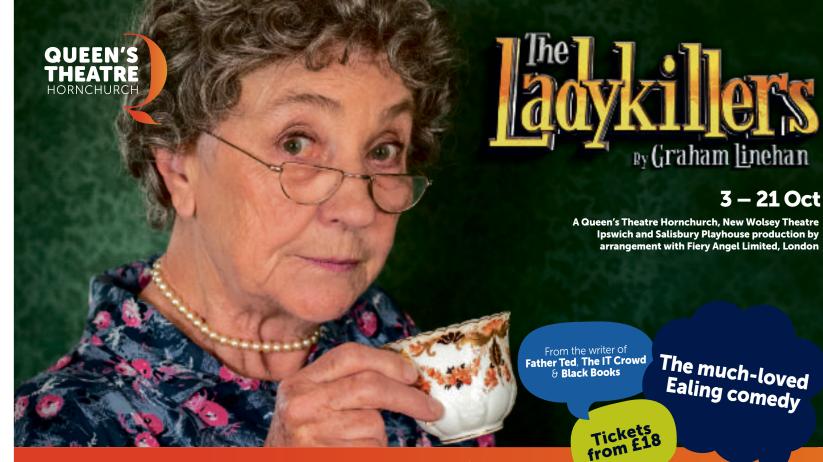
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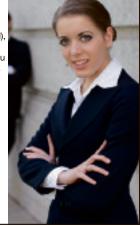
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The following applications for planning permission affect the character or appearance of the following conservation

Aldersbrook

4279/17 Applicant Mr Proctor Location 79 Harpenden Road E12 5HL Description Single storey rear extension

4332/17 Applicant Mr Hotson Location 116 Wanstead Park Avenue E12 5EF Description Demolish rear conservatory. Erection of single storey rear extension. Loft conversion with two rear dormers. Three side and two front roof lights. Alterations to fenestrations

4335/17 Applicant Mr Hotson Location 116 Wanstead Park Avenue E12 5EF **Description** Demolish rear conservatory. Erection of single storey rear extension. Loft conversion with two rear dormers. Three side and two front roof lights. Alterations to fenestrations

The Bungalow Estate (Formerly Mayfield)

4309/17 Applicant Jay Hirani Location 27 Egerton Gardens IG3 9HP Description Dropped kerb (retrospective)

4313/17 Applicant Mrs Chana Location 43 Parkway IG3 9HS **Description** Single storey rear and side extension. Loft conversion with one front and three rear dormers. Two front roof lights

George Lane

4346/17 Applicant Mr Caton Location Land at ther rear of 7 The Shrubberies E18 1BD **Description** Garage/store (retrospective)

South Woodford

4253/17 Applicant Aronex Developments Ltd Location Winston House Preparatory School 140 High Road E18 2QS Description Change of use from Education (D1) to

Wanstead Village

4310/17 Applicant Mr K Horan Location 10 Draycot Road E11 2NU Description Single storey rear and side extension. Two rear dormers

4381/17 Applicant Mr Duffus Location 17 Woodbine Place E11 2RH Description Single storey rear extension

Woodford Broadway 4180/17 Applicant Mrs Wheeler Location 75 Monkhams Avenue IG8 0EX **Description** Alteration to wall finish to front and side elevations

4325/17 Applicant Ms Mumme Location 6 Broadway Gardens Kings Avenue IG8 0HG **Description** Alterations to front porch, fenestrations, and front garden Woodford

4366/17 Applicant Urban Projects Bureau Location 27 Broomhill Road IG8 9HA Description Demolish rear exten sion. Erection of single storey rear extension and side infill extension. Lower existing basement. Extension of second floor and loft conversion with rear dormer. Two front roof lights

Applications for planning permission for major development

4234/17 Applicant Elmpine Developments Location

Development Site 129 To 133 Cranbrook Road Description Demolish existing structures. Erection of 5 storey building with basement with retail (A1) unit on ground floor and 38 bedroom hotel on upper floors, with ancillary facilities on basement level

4274/17 Applicant Frenford Clubs Location Frenford Clubs Jack Carter Centre The Drive IG1 3PS Description Replace 6m high cricket nets with 12m high cricket nets around perimeter and in-front of club house

Applications for Listed Building Consent

4238/17 Applicant Jabhill Properties Ltd Location 3 Parkside Golfe Road IG1 1SX Description Two storey rear

Applications can be inspected online at www.redbridge.gov uk/planning. If you require information contact Planning Services on 020 8708 2884. Representations should be made to Planning Services within 21 days of the date of this notice.

Joanne Woodward – Strategic Head of Planning & Building
Control. Date: 25 September 2017 DM No. 80176829

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BILIC PROUD BUT KANE IS CLASS APART

Football

West Ham United 2 **Tottenham Hotspur 3** Brian Jeeves reporting from the London Stadium

WEST HAM UNITED manager Slaven Bilic was proud with the effort his charges displayed, but was left frustrated as Tottenham recorded an entertaining victory.

West Ham trailed 3-0 after an hour, thanks to a brace from Harry Kane and a Christian Eriksen strike.

But Javier Hernandez and Cheikhou Kouyate scored either side of Serge Aurier's sending off, to set up a tense finish.

Bilic said: "Of course we are disappointed that we lost the game. It's not that they didn't deserve it, they deserved it, they took their chances.

"But until that first goal, we were like last year against them. A really, really good performance from us in

everything.
"We played really good and I thought we thought we were good, but then that mistake happened in the middle of the pitch, but even then they were too far from the goal and made a brilliant move with a great cross and a great finish.

"That happens when you play against the top teams, if you give them a little chance, they create a chance and they score."

On the injury to Michail Antonio,

Bilic said: "It is a groin. He didn't pull it big time, but we have to scan it first to see how big or how bad it is." Spurs boss Mauricio Pochettino



BATTLE: Goals from Javier Hernandez, left, and Cheikhou Kouyate

were not enough to beat ten-man Spurs said: "It was a very tough game. I Overall I think we deserved to win. We were better. It's true that maybe the emotion in the last few minutes, they tried to score and dominate a little bit the game, but if we analyse the game we were better. Only after we started to play with ten men they

began to dominate a little bit.
"We played well, we competed, we fight in a very difficult thing, a

Kane took his goal tally to six for the season, and Pochettino was full of praise for the England frontman and said. "For me, Harry is one of the best in the world. It is too hard for me to find the word to describe him because in the last three seasons I am telling you how he is. I am in love like the fans are in love, his team-mates are in love, not only because he scores goals but because how he is, a professional, humble.'

Pochettino chose Moussa Sissoko in his starting line-up, while recent acquisition, Fernando Llorente, was



Hernandez was a whisker away with a right-footed strike from distance, while Hugo Lloris raced from his goal to thwart Marko Arnautovic as the home side offered the first viable threat of the contest. Then, Serge Aurier, produced a superb saving tackle as Arnautovic looked for a direct route to goal.

The home side was snapping and snarling into every challenge but were dealt a blow when Antonio limped out of the action shortly limped out of the action shortly before the half-hour mark, and was replaced by Andy Carroll. And the home side's troubles deepened when Kane met Dele Alli's centre headlong to hand the north Londoners the advantage. Before the hosts could recover, Spurs doubled their advantage. Kane slotted into an empty net after Joe Hart blocked Alli's initial attempt.

Shortly before the break, Kane wasn't far away from a hat-trick, sending his long-range effort the wrong side of an upright after Eriksen fashioned the opening. Spurs started the second period determined to put the contest beyond doubt. Kane sent a thundering angled drive against the inside of an upright, but Eriksen was on hand to fire low beyond Hart after Aurier had kept the situation alive.

Hernandez pulled one back, nodding home from close range after Jose Fonte flicked on Arnautovic's flag-kick. And the home side got a further boost when Spurs were reduced to ten men after Aurier got a second yellow card for a heavy challenge on Carroll. Lloris blocked from Hernandez as West Ham looked for a lifeline, and with little over four minutes left Kouyate met Arthur Masuaku's cross to set

up a grandstand finish.
West Ham return to Premier
League action on Saturday, September 30 when Swansea City visit the London Stadium (3pm).

West Ham United: Joe Hart, Winston Reid (Capt), Aaron Cresswell Jose Fonte (Arthur Masuaku 74¹), Pablo Zabaleta, Marko Arnautovic (Andre Ayew 66¹), Cheikhou Kouyate, Mark Noble (Capt), Javier Hernandez, Angelo Ogbonna, Michail Antonio (Andy Carroll 28¹) Subs not used: Adrian (Gk), Diafra Sakho, Sam Byram, Declan Riice Tottenham Hotspur: Hugo Lloris (Capt), Toby Alderweireld, Jan Vertonghen, Davinson Sanchez, Harry Kane (Fernando Llorente 90¹), Eric Dier, Moussa Sissoko (Kieran Trippier 78³), Dele Alli, Christian Eriksen (Harry Winks 73¹), Serge Aurier, Ben Davies Subs not used: Michel Vorm (GK), Heung-Min Son, Georges-Kevin N'Koudou, Kyle Walker-Peters Referee: Michael Oliver Assistants: Simon Bennett and Stuart Burt visit the London Stadium (3pm).

Burt Fourth Official: Andre Marriner Attendance: 56,98 Harmer's rapid 64 rescues **Essex after early wobble**

LAKESIDE chief Jon Cook is under no illusions about the size of the task facing the Vortex Hammers in their play-off semi-final.

Table toppers Belle Vue visit the Arena-Essex Raceway on Friday (8pm) in the first leg after the Manchester outfit picked the

And the return will take place at the National Stadium the following Friday, October 6 at 7.30pm.

Belle Vue include newly crowned National League Riders' champion Dan Bewley and are a solid allround team.

Cook said: "It's going to be tough and we will need the support of our fans to help us on Friday

Tough task ahead admits

Vortex Hammers chief

"They haven't finished top by god fortune, they've done it over the course of the season and clearly

they feel they will beat us.

"But we will be looking for a useful lead on Friday at the Raceway and we'll need the fans to play their

"Every Hammers fan needs to come along and get behind us, even those who haven't been regulars for National League racing."

An update on team news will be issued in due course with Zach Wajtknecht still sidelined for the Hammers and doubts over Jack Smith for Belle Vue.

SIMON Harmer's quickfire 64 helped Essex to recover after Ben Coad and Jack Brooks had given Coad and Jack Brooks had given Yorkshire the upper hand on day one of their Specsavers County Championship Division One encounter at Chelmsford.

Despite damp conditions, a crowd of around 2,500 gathered in anticipation of seeing the champions com-plete their first unbeaten season since their inaugural first-class campaign in 1895.

But the hosts were reduced to 80/5 before lunch and Tom Westley went to A&E for scans following a blow to his right-hand. A potential blow for the England man, with the Test side

to Australia revealed on Wednesday. Harmer said: "He needed to go off for a scan obviously. He has got big-ger things than that awaiting hopefully, we just needed to make sure there was nothing wrong. The scan didn't

show up anything major."

James Foster and Ryan ten
Doeschate made a sixth-wicket stand of 55 before the former was claimed for 25 at deep mid-wicket by Kraigg Braithwaite off Steven Patterson.

Harmer and Neil Wagner added 42 for the eighth wicket. Harmer topscored with 64 off 76 balls as Essex were dismissed for 227.

Rain and bad light ensured a premature end to play.

Non-league round-up

Rovers stay on Vase trail

by Brian Jeeves

ESSEX SENIOR LEAGUE outfit Tower Hamlets progressed into the third qualifying round of the Buildbase FA Vase with a 10-1 win over Nunn Eastern Counties League Division One side Little Oakley.

Great Wakering Rovers also took a step closer to Wembley with a 2-1 victory at West Essex, while Basildon United won by the same margin, but needed extra-time to see off Walsham-le-Willows.

Hullbridge Sports saw off Ilford 3-0 and there was also Vase success for Burnham Ramblers at Kirkley & Pakefield. Enfield 1893 won a thriller at Stowmarket

Town, 5-4, and there was a 2-1 win for Sawbridgeworth Town at Hadleigh United. Redbridge and Coggeshall Town will have to try again after an entertaining 2-2 draw.

Leyton Orient came from 2-0 down to earn a draw with goals from Craig Clay and Romuald Boco at National League leaders Aldershot Town, and Mason Bloomfield and Luke Howell scored for Dagenham & Redbridge also in a 2-2 draw at Solihull Moors

Roman Michael-Percil and Phil Roberts both scored twice as Braintree Town beat Hungerford Town 5-0 in a National South clash at Cressing Road. Ben Wyatt grabbed

the Iron's other goal who are up to second. Chelmsford City played out a goalless draw at Poole Town, while Kyron Farrell's goal saw Concord Rangers grab a point at Hampton & Richmond Borough. But East Thurrock United went down by the odd goal in three to Truro City at Rookery Hill. Lewis Smith on target for the home side.

Billericay Town continued their assault on the Bostik Premier title as Ricky Modeste's last-minute goal earned them a 1-0 win over Tooting & Mitcham United.

Dennis Oli gave Thurrock the lead against Merstham at Ship Lane only for Sahr Kabba to earn the visitors a point. Goals from Billy Hunt (penalty) and Aaron Condon were unable to stop Brightlingsea Regent slip-ping to a 3-2 defeat at Dorking Wanderers, while Harlow Town lost 6-0 at Kingstonian

In the Bostik North Division, Tilbury were involved in a ten-goal thriller at Mildenhall Town. Toby Aromolaran (2), Bryan Kyungu, Adam Vyse, Emiel Aiken and Ryan Melaugh all scored in a 6-4 win at Recreation Way.

Jordan Watson hit the only goal as Aveley beat Brentwood Town, while a George Sykes second-half penalty gave Canvey Island vic-tory over Romford by the same margin.

Bowers & Pitsea were 4-2 winners over Potters Bar Town, David Knight (2), Ben Sartain and James Thomas on target for the home side, while Jamie O'Dongohue's first-half brace, one from the penalty spot, earned Haringey Borough a 2-0 win over Soham Town Rangers. There was a 2-0 win for AFC Hornchurch at Norwich United, Nathan Cooper and Kenzer Lee on target.

Nathan Cooper and Kenzer Lee on target. Billy Holland gave Waltham Abbey the lead at Maldon & Tiptree, but Junior Ogedi-Uzokwe earned a point with a second-half penalty, while Alan Taylor, Jay Knight and Goldy Capel scored for Barking in a 3-3 draw at Dereham Town. Heybridge Swifts lost 3-2 at AFC Sudbury and Grays Athletic lost 1-0 at Hertford Town Leffrey Cobblah Jay Morris

Hertford Town. Jeffrey Cobblah, Jay Morris and Steven Sardinha scored as Clapton had a 3-2 Essex Senior League win over FC

Romania at the Old Spotted Dog ground.

Hackney Wick won 2-1 win at Woodford

Town (2017) on Friday evening. In the ProKit UK Essex Olympian League Frenford Senior won 5-0 in their Premier Division clash at Basildon Town and Harold Wood Athletic won 7-1 at Rayleigh Town.



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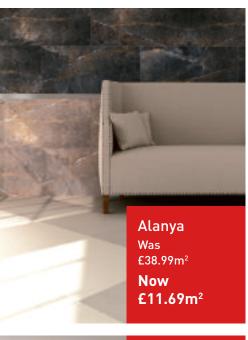
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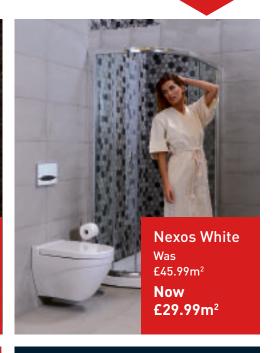
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